## ABSTRACT

A fluid dispenser for dispensing fluid in liquid or powder form, the fluid dispenser comprising a fluid reservoir (30) of variable volume, said reservoir defining at least one movable wall (31, 32) that can be moved to vary the volume of the reservoir, the dispenser further comprising a dispensing orifice (311) in communication with the reservoir so that fluid from the reservoir can be delivered through the dispensing orifice when the volume of the reservoir is reduced;

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said fluid dispenser being characterized in that it further comprises actuating means (1, 2) making it possible, in a first stage, to increase the volume of the reservoir by drawing air into the reservoir, and then, in a second stage, to reduce the volume of the reservoir by delivering air and fluid through the dispensing orifice.